SEC Form 4	
FORM 4	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549
Check this box if no longer sul Section 16. Form 4 or Form 5 believer provide a construction of the	
obligations may continue. See Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Held by Vita

Holdings LLC<sup>(3)</sup>

1. Name and Address of Reporting Person* VITA NICHOLAS				uer Name <b>and</b> Ticke umbia Care In					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
<u>VIIA NICHOLAS</u>									X	Director	10% C	Dwner	
(Last) C/O COLUMBI		(Middle)		te of Earliest Transad 3/2022	ction (M	onth/E	Day/Year)	_ x	X Officer (give title below) Other (specify below) CEO				
680 FIFTH AVENUE, 24TH FLOOR			4 15 /		Orininal	Filed		C. In di					
(Street) NEW YORK	NY	10019	4. If <i>A</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)					6. Indr Line) X	Form filed by One Reporting Person Form filed by More than One Reporting			
(City)	(State)	(Zip)							Person				
	Та	able I - Nor	n-Derivative	Securities Acq	uired,	Dis	posed of, c	or Bene	eficially	Owned			
Date			2. Transaction Date (Month/Day/Year	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities A Disposed Of (			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
					Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Shares 12/23/			12/23/2022		М		217,673	A	(1)	731,926	D		
Common Shares 12/23/					F		96,679	D	<b>\$0.74</b> <sup>(2)</sup>	635,247	D		

## 35,858,075 **Common Shares** I

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

			• •		-			•							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		Derivative		6. Date Exerc Expiration Da (Month/Day/)	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Restricted Stock Units	(1)	12/23/2022		м			217,673	(4)	(4)	Common Stock	217,673	\$0	0	D	

Explanation of Responses:

1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of the Issuer's common stock.

2. Converted from the Canadian with holding price of C1.01using an exchange rate of C1.3656 = US

3. Held by Vita Holdings LLC, a company owned and controlled by the reporting person.

4. The RSUs were granted on April 29, 2019, and vested on October 29, 2022, with settlement occurring as soon as practicable following the vesting date.

/s/ David Sirolly as attorney-in-12/27/2022 fact for Nicholas Vita

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.